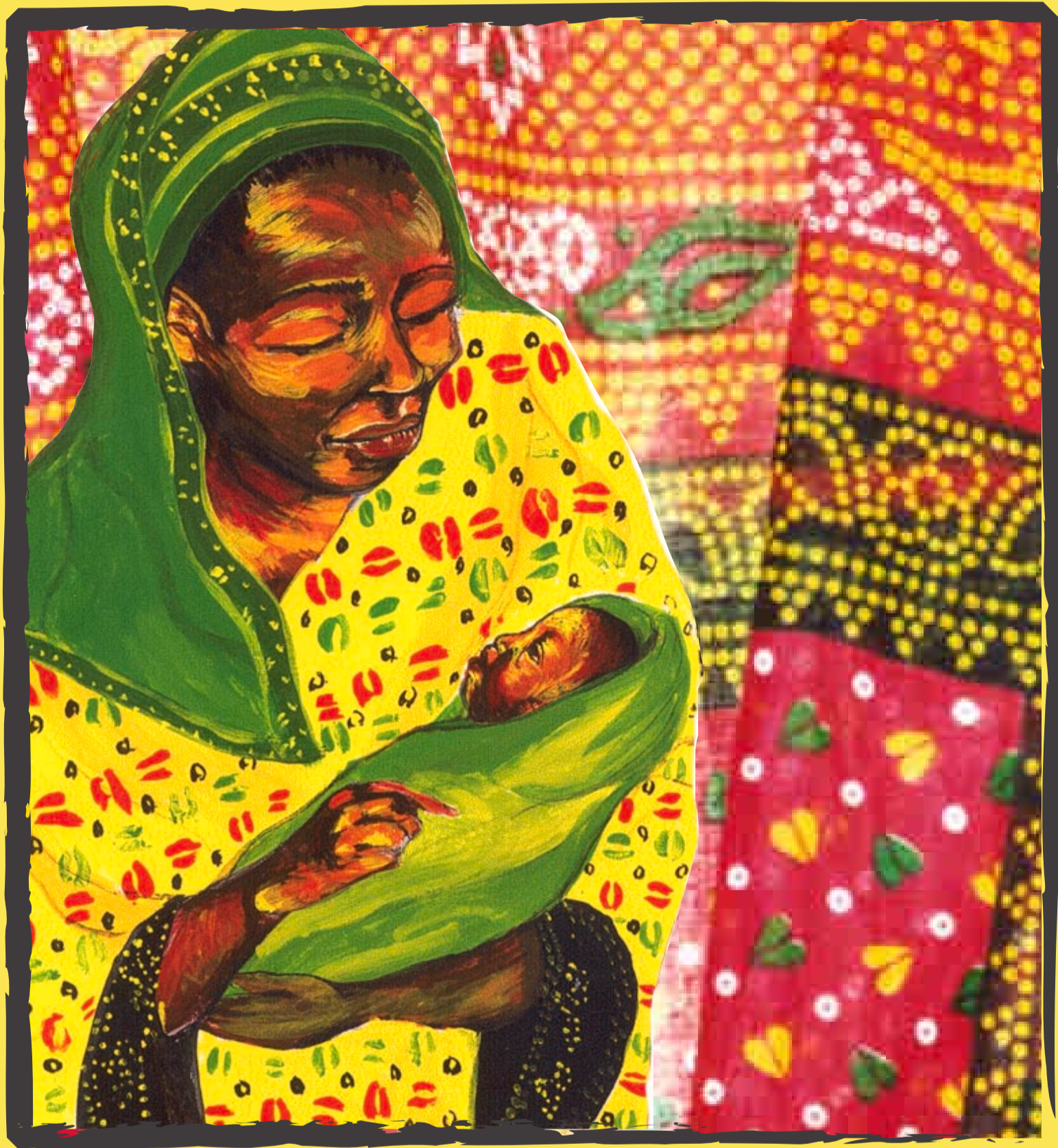


FARREP

Family and Reproductive
Rights Education Program



MAMA AND NUNU MOTHER AND BABY EDITION 2

Information manual for health professionals and service providers
working with African women, particularly during pregnancy
and childbirth (including those affected by FGM)



www.whwest.org.au

Produced by Women's Health West

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We would also like to thank all of the women and organisations involved in the development of the original Mama and Nunu. This second edition builds on those strong foundations.

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ABOUT WHW FARREP

Women's Health West (WHW) is a women's health service committed to improving the health, safety and wellbeing of women in the western metropolitan region of Melbourne. WHW works within a feminist framework using a gendered approach to researching, planning and implementing programs. The Family and Reproductive Rights Education Program (FARREP) is a Victorian program, funded by DHS and established following the introduction of the Crimes (Female Genital Mutilation) Act 1996. FARREP works closely with women and communities affected by FGM.

At WHW, FARREP is part of the Health Promotion, Research and Development (HPR&D) team. As a FARREP program based within a women's health organisation, we are funded to provide local health promotion interventions aimed at preventing the occurrence of FGM and increasing the quality of care and access to sexual and reproductive health services for women from communities affected by FGM.

WHW does not provide direct care or clinical services to women affected by FGM. As a result MN2 does not address clinical aspects of FGM. The contact details of organisations able to provide information and support in this area is included in this resource.



INTRODUCTION

Welcome to the second edition of Mama and Nunu (MN2). Mama and Nunu 2 (Mother and Baby) is a manual for health professionals and those working with African women affected by Female Genital Mutilation (FGM) during pregnancy and birth. Since its publication in 2001, Mama and Nunu has received much positive feedback and continues to be in demand as a resource.

Like the original, MN2 aims to increase the knowledge, expertise and capacity of health professionals and services to provide appropriate and culturally sensitive services to African women. MN2 introduces several new topics alongside information covered in the previous edition. In doing so, we hope the information in MN2 will help to improve African women's access to timely and appropriate services.

MN2 supplements general and contextual information with a series of focused fact sheets aimed at improving the pregnancy and birth experiences of African women affected by FGM.

How to use MN2

MN2 is divided into three sections. Section one provides a comprehensive overview of FGM, section two facilitates a broad understanding of the context in which African women affected by FGM might experience pregnancy and birth, and section three comprises a collection of five fact sheets on pregnancy and birth, post natal support, sexual and reproductive health young African women and family violence.

The fact sheets provide information about specific topics in an easy to access, simple and practical format. The fact sheets also assume an understanding of the topics covered in sections one and two. We therefore encourage you to read the entire manual to ensure that you get the most from this resource.

MN2 is an electronic resource designed to be easily accessed, maintained and updated as required.

We hope that you enjoy reading MN2 and find it useful.

The WHW FARREP team